



CORNERSTONE PRESBYTERIAN CHURCH

Nursery & Children's Sunday School Health Guidelines

For the safety and health of all children and volunteers, we ask both parents and caregivers to fully respect these guidelines. *If a child is brought to the nursery and the staff feels the child has any of these symptoms, the child will not be permitted to stay in the nursery.*

- **FEVER**—a temperature of 100 or greater within 24 hours. The child should be fever free without the aide of Tylenol or ibuprofen.
- **RUNNY NOSE**—the nose needs to be continuously wiped whether it is green or clear drainage. Lots of children have runny noses from allergies or teething, etc.; please use your parental discretion.
- **COUGHING**—continuous or consistent coughing (more than once every 5 minutes) is usually a sign of a virus or a bacterial infection. Children are not old enough to cover their mouths, and can easily spread germs.
- **VOMITING**—children who have vomited within 24 hours should not attend (this does not include infants spitting up).
- **DIARRHEA**—increased frequency and a change in texture for your particular child, noting that each child's habits are different.
- **EYE DISCHARGE**—if discharge is wiped away and new discharge immediately returns, or if there is redness of the sclera, an underlying infection is probably present and child could be contagious.
- **EAR INFECTIONS**—are not contagious, but the virus that generally causes them up can be. The virus caused by ear infections also can bring a very runny nose, fever and irritability. Child should be held out if they have any of the symptoms that correspond to the ear infection.
- **ANTIBIOTICS**—child is no longer contagious once they have been on antibiotics for 24 hours, if they are without fever.
- **RASH**—There are many possible sources of rashes. If your child has a rash, please inform the nursery staff of the source and whether or not it is contagious. If it is contagious or you do not know the cause of the rash, please keep your child out of the nursery.
- **BITING**—Although biting isn't an illness, it is a physical hazard to other children & can require medical treatment and cause scarring. If your child is at a stage in which s/he is inflicting significant injury by biting (resulting in bruising or breaking of the skin, not simply temporary pink marks) we ask that you either accompany your child or keep your child out of the nursery until the stage is passed (i.e. the child has been with other children without incident for a number of weeks).